

# The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland

**WELCOME** as we keep in touch, pray and support each other.



**19<sup>th</sup> September 2021 16<sup>th</sup> Sunday after Trinity**

**Church Services Today** 9.30am Holy Communion; Shelland  
11.00am Family Communion; Combs  
11.00am Morning Service; Great Finborough

## Collect for today

O Lord, we beseech you mercifully to hear the prayers of your people who call upon you; and grant that they may both understand and know what things they ought to do, and also may have grace and power faithfully to fulfil them; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Amen**



## Readings

**The Epistle is taken from James 3:13 - 4:3, 7-8a**

<sup>3:13</sup> Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom.

<sup>3:14</sup> But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth.

<sup>3:15</sup> Such wisdom does not come down from above, but is earthly, unspiritual, devilish.

<sup>3:16</sup> For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind.

<sup>3:17</sup> But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy.

<sup>3:18</sup> And a harvest of righteousness is sown in peace for those who make peace.

<sup>4:1</sup> Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you?

<sup>4:2</sup> You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask.

<sup>4:3</sup> You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures.

<sup>4:7</sup> Submit yourselves therefore to God. Resist the devil, and he will flee from you.

<sup>4:8</sup> Draw near to God, and he will draw near to you.

This is the word of the Lord **Thanks be to God**

**Holy Gospel is taken from Mark 9:30-37: Glory to you O Lord**

<sup>9:30</sup> They went on from there and passed through Galilee. He did not want anyone to know it; <sup>9:31</sup> for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again."

9:32 But they did not understand what he was saying and were afraid to ask him.

9:33 Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?"

9:34 But they were silent, for on the way they had argued with one another who was the greatest.

9:35 He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all."

9:36 Then he took a little child and put it among them; and taking it in his arms, he said to them,

9:37 "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."

This is the Gospel of the Lord. **Praise to you O Christ**

## **Intercessions**

Heavenly Father, we thank you for those whose influence has led us to come to worship here this morning. We remember family members, Messy Church helpers, church leaders, friends and colleagues who have encouraged us to follow in the Christian way. We give thanks for the fellowship which we find in our Benefice which supports us as we seek to put our faith into practice in our daily lives. Keep before us the vision of church communities where people of different church backgrounds will work and worship together harmoniously and where those who seek to know more about the Christian faith will find a welcome. We continue to pray for Sarah our Rector Designate as she moves into our Benefice. We pray for our Bishops Martin and Mike and Ipswich, St. Mary Stoke and John Thackery and others who minister there. We pray for Kagera and Revd Andrew Kitungwa Parish Pastor in Karongo. In the world-wide church we remember the Church in the Province of Uganda. Give us a clear understanding of the work you have set before us and a fresh commitment to your service in the coming year. Give wisdom to our ministry team and may our witness in the Benefice continue to grow.

Lord in your mercy, **hear our prayer.**

Heavenly Father, we thank you for the area in which we live, with all the facilities it offers. We thank you for the many people, who by their jobs or voluntary work help to make our Benefice a good place to live. Help us to continue to strive to build better communities where people feel safe and can enjoy the natural and built environment.

Lord in Your Mercy, **hear our prayer**

Heavenly Father, we pray for those who struggle against injustice, the men, women and children who have to live in violent and oppressive societies; for those for whom hunger is a daily reality and for those who feel powerless to change the ways of nature or the ways of nations; Teach us to be ever mindful of their relentless struggle to survive. We pray for peace in so many parts of our troubled world. We pray for the victims of the recent terrorist attacks, those who are injured and those who mourn the loss of loved ones. We pray that those with influence and authority will heed and promote the calls for tolerance, peace and justice.

Lord, in your mercy, **hear our prayer.**

Heavenly Father, we pray for those who are sick, especially those whose illness is long term and demands much patience to bear. We remember before you those who are lonely and depressed and pray that we may be good listeners when friends and neighbours need us. Give us the right words and help us to know what simple acts of kindness may help someone else. Comfort with your presence those who suffer in body, mind or spirit and give them courage and hope.

Lord, in your mercy, **hear our prayer.**

We remember before you those who have died and those whose anniversaries fall at this time. Give strength to those who are left to grieve and help us to share in each other's sorrow. Jesus Christ is the light of the world, a light which no darkness can quench. We remember before God

those who have died remembering the light of Christ which eternally shines and brings hope. Today we remember: Sylvia Strutton and Ollie Fountain. You turn our darkness into light, in your light shall we see light.

Merciful Father,  
**accept these prayers, for the sake of your Son,  
our Saviour Jesus Christ. Amen**

**Stowmarket Foodbank**

Supporting individuals and families in crisis

Your donations are very gladly received at this time of considerable need either by being left at a Supermarket in the box provided or in the Box outside the Food Bank in the Community Centre Hillside Stowmarket between 9 and 1

each weekday. **Monetary donations may be made through kindlink which can be reached by their website: [www.livingit.org.uk](http://www.livingit.org.uk) There is a red donate button.**

I am available together with Rev Alison and members of the Ministry Team for conversations with anyone of you. It is still a worrying and most difficult time. We are considering how best to respond to the present situation and I know many of you are doing all you can, as always, to support those in need both financially and perhaps more importantly with your time. We give thanks that our churches are opening for services subject to regulations. Canon Pauline

### **Safeguarding**

This brief summary of the training levels for safeguarding is a reminder to us all that we need to make sure that our training is up to date.

**Basic** – any person in church who holds a role, for example Welcomer, Flower Arranger, Cleaners, Choir members .... And many more

**Foundation** – All PCC members, Group helpers for example messy church helpers

**C2 Leadership** – Church Wardens, Elders, Group Leaders for example Choir leaders, Messy Church Leaders

This is only a brief summary so if you are unsure about what level of training you are required to complete please go to <https://www.cofesuffolk.org/for-parishes/promoting-a-safer-church/safeguarding-training/> for more details.

If you are unsure if your training is due for renewal, or have any other questions, please contact: [lisa.hicks@live.co.uk](mailto:lisa.hicks@live.co.uk) Lisa is a volunteer trainer for our Benefice so will do her best to assist, or direct you to others who can.

### **Dates:**

**Monday 20<sup>th</sup> September** 7.30pm Lt. Finborough PCC in Church

**Wednesday 22<sup>nd</sup> September** 9.30am Holy Communion, Trinity Hall Onehouse

**Sunday 26<sup>th</sup> September** 9.30am Spiritual Communion on Zoom

9.30am Holy Communion; Harleston

11.00am Harvest Festival; Buxhall

11.00am Morning Service; Onehouse

3.00pm Harvest Festival; Shelland

Preacher Revd Canon Barbara Bilston

6.00pm Evening Prayer; Little Finborough

### **Advanced Notices**

**Friday 1<sup>st</sup> October** 3.30pm **Messy Church** at Great Finborough Church

**Saturday 2<sup>nd</sup> October** 10.00-12 noon **Gift Day** at St John the Baptist, Onehouse

**"Come to Forgiveness"** a reflection by Alison and Andy : <https://youtu.be/6EmBK-07wMk>

## **Saturday Morning Prayer on Zoom 10am**

Here is the link

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09>

Meeting ID: 845 3783 4344 Passcode: 916836

All most welcome

### **Bible Study Group**

We hope to start the Bible Study soon.

**Mondays at 4pm on-line have stopped for the time being.**

### **Meet up Mondays**

10.30am to 12.30pm in Combs Church Hall, Poplar Hill, Combs Ford IP14 3EH. Next meeting 27<sup>th</sup> September 2021.

### **Knit and Natter**

Thursday 7<sup>th</sup> October 11.30 - 2pm, Bring a Light Lunch. Combs Church Hall, Poplar Hill Combs Ford, IP14 3EH. If you want to know more phone Jenny 01449 615956.

All most welcome

### **Harleston Paper Bank**

Harleston Paper Bank is back in operation at the corner of the Green. Two large blue bins so get your old newspapers and other scrap paper there when you can.

**Please remember the families and loved ones of those who have recently died**

Sylvia Strutton and Ollie Fountain

**May they Rest in Peace and Rise in Glory**

*All events are subject to change according to regulation*

***Morning Prayer on Saturdays at 10am – please see above or ask for details***

As a Group of Churches we are committed to promoting a 'Safer Church' for all.  
Information relating to Safeguarding is available in all our churches and from our Diocesan Website

<https://www.cofesuffolk.org/safeguarding>

This pew sheet is also now published on village websites including Combs Village

<http://www.combsvillage.org.uk/st-marys-church/pew-sheets/>

**Associate Priest: Rev Canon Pauline Higham 01449 771791 [paulinehigham@googlemail.com](mailto:paulinehigham@googlemail.com)**

**Rural Dean: Revd Canon Diane Williams 01449 720316**